

MISSOULA COUNTY PUBLIC SCHOOLS

2510

INSTRUCTION

Health and Wellness

Good health and wellness are positively correlated to success in school and contribute to the overall well being of each member of the community. The Missoula County Public Schools Board of Trustees recognizes that improving health and wellness is a community issue and that our schools are a vital part of the community. Missoula County Public Schools aspires to be a model school district that demonstrates a culture of comprehensive health and wellness. Therefore, Missoula County Public Schools will collaborate with the Missoula community in developing and implementing community and school standards for health and wellness in each of the following areas:

- nutrition (to include guidelines for reimbursable school meals and other food available at school, school dining areas and nutrition education),
- physical activities and access to fitness opportunities and facilities,
- mental health,
- indoor environmental health,
- access to health care,
- advertising that supports healthy decisions,
- employee health and wellness,
- professional development for teachers about health and wellness, and
- education for students about health and wellness.

The Missoula County Public Schools Board of Trustees shall direct the Superintendent to establish a Health and Wellness Leadership Council. This council shall include community and District leaders and experts on health and wellness, parents and students. After initial subcommittee work to develop standards for the components above, the Health and Wellness Leadership Council will review those standards and assess the District's current status in each area and develop recommendations for implementation. After that, this council will meet at least annually to review progress toward standards in various components of the health and wellness initiative and will be responsible for reporting that progress to the Superintendent and, ultimately, to the Board of Trustees who will determine priorities within this initiative and other District efforts.

Legal Reference: Public Law 108-265, Section 204

Policy History:

First Reading to PN&P Committee on April 26, 2006

First Reading to Board of Trustees on May 9, 2006

Posted for Public Input until June 21, 2006

Second Reading to PN&P Committee on June 28, 2006

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